



Ronald McDonald House Charities® Richmond

Thank you for preparing meals for Ronald McDonald House Charities of Richmond. We could not provide families with children receiving medical care with the support they need without you.

After a long day at the hospital, coming back to a delicious meal provides comfort and helps families feel at home.

Overview:

- You are responsible for purchasing ingredients to make a **meal for 12-15 individuals**.
- Beverages and desserts are optional. Please only bring single-serve juices or waters, as opposed to 2-liter bottles.
- Our kitchen is fully stocked with cooking supplies, basic spices, pots/pans, and Tupperware.
- Please limit your group to no more than 10 people.
- If you cancel within 72 hours of your scheduled date, we request that you arrange for food to be delivered, since we will be unable to fill your slot on such short notice.

Arrival Instructions:

- For breakfast, please arrive between 8:00 a.m. and 8:30 a.m. to have breakfast ready by 9:30 a.m. For dinner, please arrive between 4:00 p.m. and 5:00 p.m. for dinner to be prepared by 6:00 p.m.
- Please park across the street or on one of the side streets (Davis, Strawberry, or Grace).
- All volunteers 18 years and older must bring a **valid state-issued photo ID** in order to be allowed entry.
- Upon arrival, please check in at the front desk and completely fill out the forms provided.

Food Safety Guidelines:

- **All food must be prepared on-site, in a commercial kitchen, or purchased from a store.**
- Purchase all ingredients from a reputable provider.
- Please transport all ingredients/food items safely and properly to the house.
- Wash hands, wear gloves, keep surfaces clean, and tie back hair.
- Avoid cross-contamination by keeping raw meats away from other ingredients.
- Cook foods to proper internal temperatures and use a food thermometer.
- Store foods properly in Tupperware.

Please Note:

- Meals should be placed in Tupperware and served buffet style.
- Please do not be disappointed if our families are at the hospital when you arrive. They will happily enjoy the meal when they arrive back at the house.



For any questions, please contact our Volunteer Manager, Diana, at diana@rmhc-richmond.org

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