



Before you come:

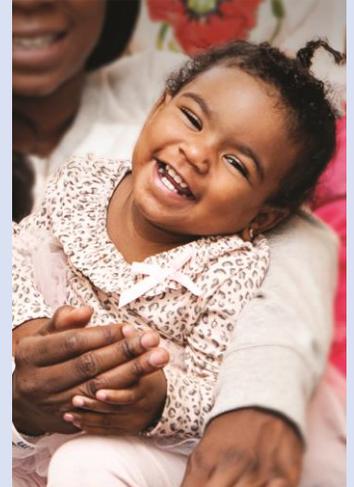
- Check our [Meal Calendar](#) on our website and find an available date.
 - Tuesday through Friday mornings at 9:00 am or flexible times on Sundays.
- Email our Volunteer Manager, Diana, at diana@rmhc-richmond.org to reserve the date you'd like to come make lunches.
- Purchase ingredients for 30 lunches.
 - Cold lunch meat and cheese sandwiches only with Ziploc sandwich bags to package each individual sandwich.
 - A few small individually wrapped snacks that are easy to eat at the hospital (beverages and condiments are optional)
 - Please do not bring lunch bags or individually package the lunches.

When you arrive:

- Arrive at 9:00 am to have the lunches ready by 10:30 am.
- Bring your ingredients to prepare the lunches here in our kitchen.
- Please leave the sandwiches and other items out - our staff will gather the lunches and deliver them to the hospital once you have finished.

FAQs

- **How many people can I bring with me?**
No more than 8.
- **Do I have to prepare all of the ingredients in the Ronald McDonald House kitchen?**
Yes, all food must be prepared on site, in a commercial kitchen, or purchased from a store.
- **Where should I park?**
Either across the street from the house or on one of the side streets (Davis, Strawberry, or Grace).
- **Can we make other types of sandwiches like chicken salad or PB&J?**
Even though those are great ideas, they do not keep well for transport to the hospital. Please stick to cold lunch meat and cheese sandwiches.



Did you know?

There are more than **358** Ronald McDonald Houses across the world. The Richmond House first opened its doors in **1980**.

In 2015, Ronald McDonald House Charities of Richmond served **2,000 people** from **68 counties** in Virginia, **13 states** and **6 countries**.

Ronald McDonald House Charities of Richmond is able to provide **30** lunches **5** times a week to local **NICUs at VCU Health** and **Bon Secours St. Mary's Hospital**.

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